

January 2019

Programs & Events



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 CLOSED Open Gym	2 Music Therapy Open Gym	3 Open Gym	4 Open Gym	5 Open Gym
	7 Music Therapy Open Gym	8 Book Club Open Gym	9 Music Therapy Open Gym	10 Protect Young Eyes Open Gym	11 Open Gym	12 Buddy Up Tennis Open Gym
3	14 Music Therapy Open Gym	15 Open Gym	16 Music Therapy Open Gym	17 Open Gym	18 Open Gym	19 Buddy Up Tennis Open Gym
10	21 Music Therapy Shape Up Open Gym	22 Book Club Open Gym	23 Music Therapy Open Gym	24 Kzoo MNO Open Gym	25 Open Gym	26 Buddy Up Tennis Open Gym
17	28 Music Therapy Shape Up Open Gym	29 Potty Training Class Open Gym	30 Music Therapy Open Gym	31 Open Gym		



*Schedule subject to change. Please visit dsawm.org/calendar for the most up-to-date calendar.

January 2019 Programs & Events

ALL AGES

Music Therapy

Mondays & Wednesdays, January 7-30
DSAWM Office 233 Fulton St E, Ste 124, Grand Rapids
*Classes are full.

Open Gym

Mondays-Saturdays
12-1pm
Gymco 2306 Camelot Ridge Ct. SE, Grand Rapids

SCHOOL AGE

Buddy Up Tennis

Saturdays, January 12, 19, & 26
4-5:30pm
MVP Athletic Club 115 Crahen Ave NE, Grand Rapids
RSVP to grandrapids@buddyuptennis.com

TEEN & ADULT

Book Club

Tuesdays, January 8 & 22
5:30-6:30pm
Chapbook Café 2660 28th St. SE, Grand Rapids
RSVP to Bobbie at bobbie@diecadgroup.com

Shape Up

Mondays, January 21 & 28
6:30-8pm
4th floor, GR Masonic Center 233 Fulton St E, Grand Rapids
RSVP to Tabitha at fitwithtab@gmail.com

PARENT SUPPORT

Kzoo MNO (Kalamazoo Moms' Night Out)

Thursday, January 24
6:30-8pm
Fieldstone Grill 3970 W Centre Ave, Portage
RSVP to Katherine at katherinejane@gmail.com

CONFERENCES & WORKSHOPS

Protect Young Eyes

Thursday, January 10
6:30-8pm
Calvary Baptist Church 1200 28th St SE, Grand Rapids
RSVP at dsawm.org

Potty Training Class

Tuesday, January 29
5:30-8pm
6th floor, GR Masonic Center 233 Fulton St E, Grand Rapids
RSVP at dsawm.org

***The DSAWM office will be closed Tuesday, January, 1st.

Visit dsawm.org for more details about this month's programs and events. For general inquiries regarding DSAWM programming, please contact Nate at nate@dsawm.org or 616-956-3488.

